

Dear Parents,

Your child \_\_\_\_\_ had an OGTT, Oral Glucose Tolerance Test on \_\_\_\_\_.

The OGTT measures how much your blood sugar rises after drinking a sweet liquid. How high your blood sugar level rises depends on how much insulin your islet cells are able to release. The OGTT can be used to diagnose diabetes.

Your child's results were: Impaired: (Not a 'normal' level but not diabetes)

Fasting blood sugar \_\_\_\_\_. (Impaired range 110 – 126)  
2 hour blood sugar \_\_\_\_\_. (Impaired range 140 – 199)

We recommend:

Checking blood sugar levels once a week 2 hours after eating  
Checking blood sugar levels and ketones in urine with any illness,  
especially with vomiting.  
Repeating the OGTT in 6 months.

Watch for signs and symptoms of increased blood sugar:

**Excessive thirst**

**Excessive urination**

Bed wetting in a previously "dry" child

Not wanting to eat much but wanting to drink

Loss of energy

Behavior changes

Vomiting without diarrhea or fever

Heavy breathing

If you notice any of these symptoms, or your child has a blood sugar level greater than 200 call DIASY Study Nurse at 303-724-7555 or your pediatrician right away. Nights and weekends you can call the Barbara Davis Center Emergency Answering Service at 303-388-2626.

Sincerely,

DAISY Study Team

H:/NIDDK Submission/DAISY MOO\_2021